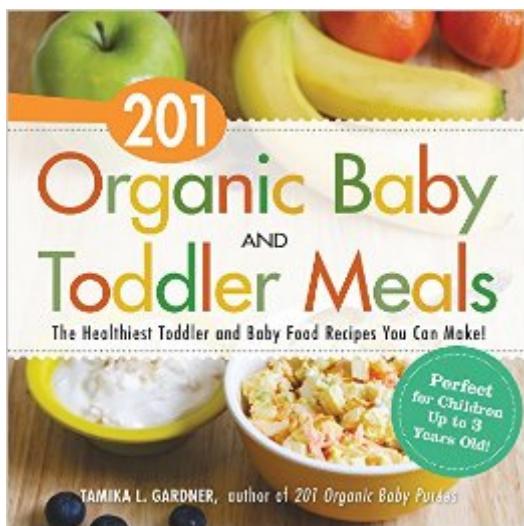


The book was found

201 Organic Baby And Toddler Meals: The Healthiest Toddler And Baby Food Recipes You Can Make!



Synopsis

Tasty, wholesome recipes for growing babies and toddlers from 9 months to 3 years old! Of course your child's food should always be made of the freshest, healthiest ingredients possible! With 201 Organic Baby and Toddler Meals, you can be sure your growing child eats the most nourishing meals nature can offer. With the wholesome recipes in this book, you can create well-balanced, all-natural dishes right in your own home. As simple to prepare as they are nutritious, these yummy baby and toddler meals include: Chilled White Grape Peach Soup, Crunchy Green Beans, Creamy Spinach Pita Pizza, Orange Chicken Stir-Fry, Cinnamon Pineapple Crumble, Kale Chips, Baby Cobb Salad, Cheeseburger Soup, Homemade Toaster Pastries, Cauliflower Dressed in Orange. Every recipe is built to make your life less complicated--whether you're freezing them for later or making a family-friendly dish that will satisfy the whole table. These delicious meals are easy on your child's tummy, the environment, and your schedule!

Book Information

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Average Customer Review: 4.2 out of 5 stars See all reviews (16 customer reviews)

Best Sellers Rank: #258,160 in Books (See Top 100 in Books) #53 in Books > Cookbooks, Food & Wine > Special Diet > Baby Food #132 in Books > Cookbooks, Food & Wine > Cooking Methods > Organic

Customer Reviews

Got this for some refresher ideas not realizing it was the sequel to the authors Baby puree book. So, it starts at 9 month recommendations. Recipes look straightforward and simple (and adjustable if you are dairy free or grain free it would be easy to substitute). She gives recommendations for those foods you should try to purchase organic based on budget in each recipe. My toddler will likely approve of the toddler recipes that would also be family friendly (baby recipes even) but my baby is dairy sensitive so would need to substitute accordingly. Update: Further review and thought - I have decided to return it because it is not what I was looking for although it does have things kids would

like. Still a good book just not for me.

With organic foods becoming more popular as parents decide not to feed their children GMO and chemical-infused foods, this book couldn't have come at a better time. The book aims to provide parents a multitude of dietary options appropriate for each age group, and is a great asset for easy-to-access recipes. From introducing textures and flavors, to explaining the differences between, the book meticulously outlines fantastic options for a child of any age. As a parent myself, of multiple children, I truly understand how easy it can be to just purchase up a bunch of ready-made, prepared baby foods in cans, jars, pouches, and cartons. But the reality is; not only do these options become incredibly expensive over time, they do not offer the same health benefits that fresh, prepared foods do. And another great thing about some of these cool recipes, is that many will work for all family members with just some minor adjustments to the mix. So you can always prepare the base food, set aside some of that for your little one, and then continue to add to the recipe for those in the home who may want a little more flavor. I don't really think you'd need to do that much once you reach toddler recipes, actually...because some of the dishes sound extremely appetizing to me as a Mom. Lol. Great read for anyone seeking healthy, homemade options for their children!

This book is very detailed. The recipes will keep you in the kitchen trying new things for your baby or toddler. Never knew a baby could have so many options in meals. Love it!

gave as a baby shower gift. Mom loved it and is using it now.

This is the worst cookbook I've found for my kiddo. The "recipes" are mostly oatmeal concoctions, smoothies and other drinks and stupid things like "Whole crunchy greenbeans", "South of the border taco bowls" and "burger-dogs" for the 9-12 month old. No, I will not be serving those moronic choke hazzards to my 9 month old. Idiotic and unhelpful.

Excellent recipes your whole family will love!! I'm Looking forward to more from this author!

Great product and shipped on time!!!

Purchased as a shower gift. Was an absolute hit with the mom to be!

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